

## FULBRIGHT ACTIVITIES

August 29, 2015 - May 29, 2016

MONTH	PLACE	ACTIVITIES/places visited	No of Audience
SEPTEMBER 2015	Alzheimer's Related Disorders society of India(ARDSI), Kunnankulam, Trissur	Visit to ARDSI <ul style="list-style-type: none"> <li>• Meeting with <b>Dr. Jacob Roy, President</b>, ARDSI</li> <li>• Meeting with Mr. Gopalakrishnan, senior member &amp; staff</li> <li>• Visited Dementia care center, Kunnankulam</li> </ul>	
	Andhra Pradesh	World Alzheimer's month campaign & Awareness seminars Lecture on Alzheimer's Diseases and Related Disorders <ul style="list-style-type: none"> <li>• Arts College students &amp; SV University Students</li> <li>• SV Institute of Medical Sciences</li> </ul>	60-70 90- 100
OCTOBER 2015	Andhra Pradesh	International day of Older Persons Positive aging: Challenges and options SV university & college students	40-50
OCTOBER 12-28	Mission Valley Travancore Foundation, Kottayam, Kerala State	<b>WORKSHOP&amp; RESEARCH ACTIVITIES</b>	18
NOVEMBER 1-5	Delhi	<b>Help Age India</b> <ul style="list-style-type: none"> <li>• Meeting with <b>Ms. Anupama Datta &amp; Mathew Cherian</b></li> </ul> <b>Fulbright Commission</b> <ul style="list-style-type: none"> <li>• Meeting with <b>Deputy Director and staff USIEF</b></li> <li>• Meeting with <b>Age Ventures CEO&amp; consultants</b></li> </ul> <b>Visits:</b> <b>Fulbright Commission</b> <b>ICSSR</b>	
NOVEMBER 9-11	Champion Care Homes, Athirappally, Kerala	<b>WORKSHOP&amp; RESEARCH ACTIVITIES</b>	8
NOVEMBER 24-30	Calcutta	Calcutta Metropolitan Institute of Gerontology(CMIG) <ul style="list-style-type: none"> <li>• Meeting with Director, <b>Dr. Indrani Chakravarti</b> Introduced MDS-India and Fulbright research project f/b discussion with entire team</li> </ul>	

		<ul style="list-style-type: none"> <li>Gave a talk to students in class (short courses in gerontology) and the Research Scholar in the center</li> </ul> <p>Visits</p> <ul style="list-style-type: none"> <li><b>Adult day care center, CMIG</b></li> <li><b>Dignity Foundation</b></li> <li><b>Navanir Home for the Aged</b></li> </ul>	25
<b>DECEMBER 1-3</b>	Pune, Maharashtra,	<ul style="list-style-type: none"> <li><b>Meeting with Athashree, Retirement Homes Assisted Living Facilities</b></li> <li><b>Meeting with International Longevity Center-India</b></li> </ul> <p>Visits:</p> <ul style="list-style-type: none"> <li><b>Athashree Astha, Retirement Homes Assisted Living Facilities</b></li> <li><b>Mathoshree, Home for the aged</b></li> </ul>	
<b>DECEMBER 7-10</b>	Coimbatore, Tamil Nadu	<p><b>Bharathiar University</b> (Dept. of Social Work) Lecture:</p> <ul style="list-style-type: none"> <li>Promotion of Health and Prevention of Functional Decline in Institutionalized elders through assessment and care planning (Department of Social Work faculty and students)</li> <li>Meeting with faculty- discussion on introducing a course in gerontology as a specialty for SW students at graduate level</li> </ul> <p>Visit</p> <ul style="list-style-type: none"> <li>Brindhavan Senior Citizen Foundation</li> </ul>	50-60
<b>DECEMBER 21</b>	Tirupati, AP	<p><b>SV Institute of Medical Sciences</b>, Continuing Nursing Education on Gerontology &amp; Geriatrics Lecture topic:</p> <ul style="list-style-type: none"> <li>Restorative Rehabilitation and different models of elder care</li> </ul>	90-100
<b>January 5&amp;6 2016</b>	Coimbatore, Tamil Nadu	<b>Bharathiar University</b> (Dept. of Social Work)	110

		<p>Two-day workshop for all SW students in all colleges in the region. Theme: Global Aging &amp; Elder Issues: Role of SW</p> <p>Lecture</p> <ul style="list-style-type: none"> <li>• Role Changes and transition that affect Independence in later age: Role of SW</li> <li>• Cognitive and Neurological changes associated with aging</li> <li>• Burning Down the podium: Innovative ways for Teaching &amp; Learning (special session for faculty)</li> </ul>	15
January, 25-29	Goa, India	<p><b>St. Xavier's College (Department of Psychology)</b></p> <ul style="list-style-type: none"> <li>• Lecture topic: Elder care: Preventing disability and promoting health: Role of psychologists</li> </ul> <p>Third Millennium Foundation: Caring for our elders</p> <ul style="list-style-type: none"> <li>• Tips for active aging</li> </ul> <p>Visits:</p> <ul style="list-style-type: none"> <li>• Junior boys home (children of parents with HIV/AIDS)</li> <li>• Senior boys home (children of parents with HIV/AIDS)</li> <li>• Girls home (children of parents with HIV/AIDS)</li> <li>• Met with women on treatment for HIV/AIDS and rehabilitation programs</li> </ul>	50-60  25
February 8	Fulbright Commission, Delhi	<b>Selection committee meeting for Fulbright English Teaching Assistants from USA</b>	
February 9	Uttar Pradesh	<p>Talk to members of the local community church</p> <ul style="list-style-type: none"> <li>• Challenges in elder care: Ways to strengthen family support</li> </ul>	6
February 10,11	Ludhiana, Punjab	<p><b>Christian Medical College, College of Nursing.</b></p> <p><b>Lecture Topics:</b></p> <ul style="list-style-type: none"> <li>• Population aging and global models of elder care</li> </ul>	40-50  20

		<ul style="list-style-type: none"> <li>• Burning Down the Podium: How can we teach?(special session for faculty)</li> </ul> <p>Visit</p> <ul style="list-style-type: none"> <li>• <b>Swami Vivekanadha Vridha Ashram</b></li> </ul>	
<b>February 19-21</b>	Kadappa, AP	<p><b>Yogi Vemana University (Dept. of Psychology)</b> Lecture topics:</p> <ul style="list-style-type: none"> <li>• Interdisciplinary assessment and planning care for promoting elder health</li> <li>• Role changes and transitions that affect independence in later life: Perspective for Psychologists</li> </ul> <p><b>SKR&amp;SKR Govt. College for Women</b> Lecture topic:</p> <ul style="list-style-type: none"> <li>• Careers in gerontology and geriatrics</li> </ul> <p>Visits:</p> <ul style="list-style-type: none"> <li>• <b>Paramathma Sevasamasta, old age home</b></li> <li>• <b>Padmavathi Mahila Mandali, old age home</b></li> <li>• <b>Older citizens residing in the community with their families</b></li> </ul>	80 60
February 22	Nellore, AP	<p><b>Vikram Simhapuri University (Dept. of SW)</b> Lecture Topic: Qualitative&amp; quantitative research methods</p>	50
<b>FEBRUARY 29,30, MARCH 1</b>	<b>Jaipur, Rajasthan</b>	<p><b>SOUTH ASIA FULBRIGHT CONFERENCE</b></p> <ul style="list-style-type: none"> <li>• <b>Moderated one session in Public Health</b></li> <li>• <b>Participated in round table discussion</b></li> <li>• <b>Presented research</b></li> </ul>	
March 10 &11	Tirupati, AP	<p><b>SV University</b> <b>National Conference for all disciplines</b> (geriatrics, gero psychology, neurology, clinical psychology, nursing, social work, physical therapy) Theme: Healthy Aging. A Life Span Perspective</p>	230-250 70

		<ul style="list-style-type: none"> <li>Special Session: Health Promotion- Translating Knowledge in to Practice</li> </ul>	
March 15	Hyderabad	<p><b>Hyderabad Central University</b></p> <ul style="list-style-type: none"> <li>Round table discussion with Research Scholars in health psychology</li> </ul> <p>Visit:</p> <ul style="list-style-type: none"> <li>Fulbright Commission</li> </ul>	5
March 19	Kadappa, AP	<p><b>WORKSHOP&amp; RESEARCH AVTIVITIES FOR STUDENTS AND SCHOLARS</b></p>	14
March 21&22	Nellore, AP	<p><b>Vikram Simhapuri University</b> National Conference. Theme: Problems of the elderly: Challenges and strategic interventions</p> <ul style="list-style-type: none"> <li>Key note address: Researches and developments in Indian gerontology</li> <li>Special session: Physical and psychosocial problems of aging and strategic interventions</li> </ul>	100- 150
March 24	Pondicherry	<p><b>Pondicherry Central University</b> National Conference. Theme: Caring the elderly. Psychosocial perspectives</p> <ul style="list-style-type: none"> <li>Plenary speech: Global models of elder care</li> </ul>	180-200
March 26	Tirupati, AP	<p>SV Institute of Medical Sciences (Dept. of Physical Therapy) Lecture topic:</p> <ul style="list-style-type: none"> <li>Rehabilitative services and care models of seniors</li> </ul>	
March 29	Kuttikkanam, Kerala	<p><b>Marian College (Dept. of Social Work)</b> Lecture Topics:</p> <ul style="list-style-type: none"> <li>Role changes associated with aging: Social workers role in assessment and health promotion</li> <li>Meeting with faculty, Fulbright scholar, students and senior citizen representative</li> </ul>	40- 50
March 30 –April 7	CCH& Mission valley	<p><b>1<sup>st</sup> Quarter Research &amp; care plan update</b></p>	

April 8	Kanjirappally, Kerala state	<b>Kanjirappally Senior Citizens Forum</b> <ul style="list-style-type: none"> <li>• Talk: Active aging and “aging in place”</li> </ul>	30-40
April 20	Tirupati, AP	Visits <ul style="list-style-type: none"> <li>• Navajeevan old age home (free &amp; pay) &amp; Home for blind children</li> </ul>	
April 29	Ettumanoor, Kerala	<b>Archana skills center for women</b> <b>Talk on:</b> <ul style="list-style-type: none"> <li>• Aging demographics and emergence of senior care homes in Kerala: Some concerns for care delivery</li> </ul>	10
May 3-7	<b>Colombo, Sri Lanka</b> <b>South &amp; Central Asia</b> <b>Travel grant</b>	<b>Invited talks</b> <b>Fulbright Commission</b> <ul style="list-style-type: none"> <li>• Elder care models in the US</li> </ul> <b>University of Kelaniya, Faculty of Medicine</b> <b>Lecture:</b> <ul style="list-style-type: none"> <li>• Health promotion and disease prevention in older adults: role of assessment and care planning</li> <li>• Meeting with dean and faculty to discuss areas for possible research collaboration between institutions and or scholars</li> </ul> <b>United Nations</b> <ul style="list-style-type: none"> <li>• Meeting with Head, Resident Coordinator’s office, United Nations, Sri Lanka</li> </ul> <b>Visit:</b> Mallika Nivas (Senior care home- pay & free)	18-20  15
May 12	Aragonda, AP	<b>Apollo Hospital, College of Nursing</b> International Nurses Day- Theme: A Force for change: Improving health system’ resilience <ul style="list-style-type: none"> <li>• Key note address: Nurses - a positive force in promoting health for all ages</li> </ul>	70-80
May 14	Andhra Pradesh	<b>Visit</b> <ul style="list-style-type: none"> <li>• <b>Employee counselling –Aragon Battery plant</b></li> </ul>	
June, 2016	<b>Eramalloor IPC Church</b> Youth group	Aging awareness- Be a volunteer-support seniors	<b>60</b>