

**US FULBRIGHT SPECIALIST TRAIN THE TRAINER PROGRAM
TAFTA
DURBAN, SOUTH AFRICA**

	June 8, 2024 Saturday 12:20 PM	Arrival- Durban Airport. Pick up by TAFTA
	June 9, 2024 Sunday	Meeting with residents in Cambridge Gardens
	June 10, 2024 Monday	10 AM- In US Consulate
Training Day 1	June 10, 2024 Monday	<p>8:30 – 10:30 AM- INTRODUCTIONS</p> <p>11 AM OVERVIEW OF THE PROGRAM</p> <ul style="list-style-type: none"> ▪ Global Aging ▪ Transforming the care of older adults ▪ Evidence-based best practices of care <p>11:45 – 12:30 PM LUNCH</p> <p>12:30- 15:30 PM Afternoon session</p> <ul style="list-style-type: none"> ▪ Ageism ▪ Group Activity
Day 2	June 11, 2024 Tuesday	<p>8:30 – 10:30 AM</p> <p>SENSORY SYSTEM</p> <ul style="list-style-type: none"> • Vision • Hearing • Communicating with older adults • Safety Precautions <p>10.30 – 10.45 AM BREAK</p> <p>10.45 – 11.45 AM- •Care Planning</p> <p>11.45 – 12.30 PM LUNCH</p> <p>12:30—15:30 PM Afternoon session</p> <ul style="list-style-type: none"> • Group Activity
Day 3	June 12, 2024 Wednesday	<p>8: 30 – 10:30 AM</p> <p>NEUROLOGY SYSTEM</p> <ul style="list-style-type: none"> ▪ Parkinson’s Disease ▪ Cerebrovascular Disease ▪ Other common disorders ▪ Care Planning <p>10.30 – 10.45 AM BREAK</p> <p>10.45 – 11.45 AM- Parkinson’s and family care giving</p> <p>11.45 - 12.30 PM LUNCH</p> <p>12:30—15:30 PM Afternoon session</p> <ul style="list-style-type: none"> • Group Activity
Day 4	June 13, 2024 Thursday	<p>8:30 – 10:30 AM</p> <p>NEUROLOGY SYSTEM CONT’D</p> <ul style="list-style-type: none"> ▪ Depression ▪ Anxiety Disorder ▪ Psychosis ▪ Care Planning <p>10.30 – 10.45 AM BREAK</p> <p>10.45 – 11.45 AM- AM session cont’d</p> <p>11.45 - 12.30 PM LUNCH</p> <p>12:30- 15:30 PM Afternoon session</p> <ul style="list-style-type: none"> • Group Activity
Day 5	June 14, 2024 Friday	<p>8:30 – 10:30 AM</p> <p>NEUROLOGY SYSTEM CONT’D</p> <ul style="list-style-type: none"> ▪ Bipolar Disorder • Schizophrenia • Problems with mood and behavior • Care Planning

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		10.30 - 10.45 AM BREAK 10.45 - 11.45 AM- AM session cont'd 11.45 - 12.30 PM LUNCH 12 :30- 15:30 PM Afternoon session • Group Activity
June 15,2024 Saturday	COMMONAGE CHAPTERS LAUNCH AND SITE VISITS TO RETIREMENT HOMES	
June 16,2024 Sunday		
June 17,2024 Monday		
Day 6	June 18,2024 Tuesday	8: 30 – 10:30 AM DEMENTIAS <ul style="list-style-type: none"> ▪ Delirium vs Dementia ▪ Alzheimer’s Disease and Progressive Dementias ▪ Stages of Dementia ▪ Person-centered care 10.30 - 10.45 AM BREAK 10.45 - 11.45 AM- AM session cont'd 11.45 - 12.30 PM LUNCH 12:30- 15:30 PM Afternoon session ▪ Group Activity
Day 7	June 19, 2024 Wednesday	8:30 – 10:30 AM DEMENTIAS CONT'D <ul style="list-style-type: none"> • Dementia Care according to stages • Prevention strategies • Care giver stress. 10.30 - 10.45 AM BREAK 10.45 - 11.45 AM- AM session cont'd 11.45 - 12.30 PM LUNCH 12:30- 15:30 PM Afternoon session • Group Activity
Day 8	June 20, 2024 Thursday	8:30 – 10:30 AM COMPREHENSIVE GERIATRIC ASSESSMENT Assessment Tool for older adults 10.30- 10.45 AM BREAK 10.45 - 11.45 AM- Person Centered Care Planning Process 11.45 - 12.30 PM LUNCH 12:30- 15:30 PM Afternoon session • Group activity
Day 9	June 21,2024 Friday	8:30- 10:30 AM HIGH PERFORMING TEAMS <ul style="list-style-type: none"> • Interprofessional Team Innovation in Geriatrics • Geriatric/gerontology education • Research • Q/A 10:30- 10:45 AM BREAK Afternoon session <ul style="list-style-type: none"> ▪ Reflections ▪ Evaluation ▪ CLOSING REMARKS
		Photo session, Lunch and outing