FULBRIGHT ACTIVITIES

August 29, 2015 - May 29, 2016

MONTH	PLACE	ACTIVITIES/places visited	No of Audience
SEPTEMBER 2015	Alzheimer's Related Disorders society of India(ARDSI), Kunnamkulam, Trissur	VisittoARDSI • Meeting with **Dr. Jacob Roy, President**, ARDS1 • Meeting with Mr. Gopalakrishnan,senior member & staff • Visited Dementia care center, Kunnamkulam	
	Andhra Pradesh	World Alzheimer's month campaign & Awareness seminars Lecture on Alzheimer's Diseases and Related Disorders • Arts College students &SV University Students • SV Institute of Medical Sciences	 60-70 90- 100
OCTOBER 2015	Andhra Pradesh	International day of Older Persons Positive aging: Challenges and options SV university & college students	40-50
OCTOBER 12-28	Mission Valley Travancore Foundation, Kottayam, Kerala State	**WORKSHOP&RESEARCHACTIVITIES**	18
NOVEMBER 1-5	Delhi	**Help Age India** • **Meeting with Ms. Anupama Datta & Mathew Cherian** **Fulbright Commission** • **Meeting with Deputy Director and staff USIEF** • **Meeting with Age Ventures CEO& consultants** **Visits:** **Fulbright Commission** ICSSR	
NOVEMBER 9-11	Champion Care Homes, Athirappally, Kerala	**WORKSHOP& RESEARCH ACTIVITIES**	8
NOVEMBER 24-30	Calcutta	Calcutta Metropolitan Institute of Gerontology(CMIG) • Meeting with Director**, Dr. Indrani Chakravarti** Introduced MDS-India and Fulbright research project f/b discussion with entire team	

		• Gave a talk to students in class (short courses in gerontology) and the Research Scholar in the center Visits **Adultdaycare center, CMIG** • **Dignity Foundation** • **Navanir Home for the Aged** •	25
DECEMBER 1-3	Pune, Maharashtra,	• **Meeting with Athashree, Retirement Homes Assisted Living Facilities** • **Meeting with International Longevity Center-India** **Visits:** **Athashree Astha, Retirement Homes Assisted Living Facilities** **Mathoshree, Home for the aged**	
DECEMBER7-10	Coimbatore, Tamil Nadu	**Bharathiar University** (Dept. of Social Work) Lecture: • Promotion of Health and Prevention of Functional Decline in Institutionalized elders through assessment and care planning (Department of Social Work faculty and students) • Meeting with faculty- discussion on introducing a course in gerontology as a specialty for SW students at graduate level Visit Brindhavan Senior Citizen Foundation •	50-60
DECEMBER 21	Tirupati, AP	**SV Institute of Medical Sciences**, Continuing Nursing Education on Gerontology &Geriatrics Lecture topic: • Restorative Rehabilitation and different models of elder care	90-100
January 5&6 2016	Coimbatore, Tamil Nadu	**Bharathiar University (Dept. of Social Work)**	110

		Two-day workshop for all SW students in all colleges in the region. Theme: Global Aging &Elder Issues: Role of SW Lecture • Role Changes and transition that affect Independence • in later age: Role of SW Cognitive and Neurological changes associated with aging • Burning Down the podium: Innovative ways for Teaching& Learning(special session for faculty)	15
January, 25-29	Goa, India	**St.Xavior'sCollege(DepartmentofPsychology)** • Lecture topic: Elder care: Preventing disability and promoting health: Role of psychologists Third Millennium Foundation: Caring for our elders • Tips for active aging Visits: • Junior boys home (children of parents with HIV/AIDS) • Senior boys home (children of parents with HIV/AIDS) • Girls home (children of parents with HIV/AIDS) • Met with women on treatment for HIV/AIDS and rehabilitation programs	50-60 25
February 8	**Fulbright Commission, Delhi**	**Selection committee meetingfor FulbrightEnglish Teaching Assistants fromUSA**	
February 9	Uttar Pradesh	Talk to members of the local community church • Challenges in elder care: Ways to strengthen family support	**6**
February 10,11	Ludhiana, Punjab	**Christian Medical College, College of Nursing.** **Lecture Topics**: • Population aging and global models of elder care	40-50 20

		• Burning Down the Podium: How can we teach?(special session for faculty) Visit • **Swami Vivekanadha Vridha Ashram**	
February 19-21	Kadappa, AP	**Yogi Vemana University(Dept.ofPsychology)** Lecture topics: • Interdisciplinary assessment and planning care for promoting elder health • Role changes and transitions that affect independence in later life: Perspective for Psychologists **SKR&SKR Govt.CollegeforWomen** **Lecture topic**: • Careers in gerontology and geriatrics Visits: **Paramathma Sevasamasta, old age home** • **Padmavathi Mahila Mandali, old age home** • **Older citizens residing in the community** • **with their families**	80 60
February 22	Nellore,AP	**VikramSimhapuri University(Dept.ofSW)** Lecture Topic: Qualitative& quantitative research methods **SOUTH ASIA FULBRIGHT CONFERENCE**	50
FEBRUARY 29,30, MARCH 1	**Jaipur, Rajasthan**	• **Moderated one session in Public Health** • **Participated in round table discussion** • **Presented research**	
March 10 &11	Tirupati, AP	**SV University** **NationalConference forall disciplines** (geriatrics, gero psychology, neurology, clinical psychology, nursing, social work, physical therapy) Theme: Healthy Aging. A Life Span Perspective	230-250 70

		• Special Session: Health Promotion- Translating Knowledge in to Practice	
March 15	Hyderabad	**Hyderabad Central University** • Round table discussion with Research Scholars in health psychology Visit: • Fulbright Commission	5
March 19	Kadappa, AP	**WORKSHOP&RESEARCH AVTIVITIESFOR STUDENTS AND SCHOLARS**	**14**
March 21&22	Nellore, AP	**VikramSimhapuri University** National Conference. Theme: Problems of the elderly: Challenges and strategic interventions • Key note address: Researches and developments in Indian gerontology • Special session: Physical and psychosocial problems of aging and strategic interventions	100- 150
March 24	**P**ondicherry	**Pondicherry Central University** National Conference. Theme: Caring the elderly. Psychosocial perspectives • Plenary speech: Global models of elder care	180-200
March 26	Tirupati, AP	SV Institute of Medical Sciences (Dept. of Physical Therapy) Lecture topic: • Rehabilitative services and care models of seniors	
March 29	Kuttikkanam, Kerala	**Marian College (Dept. of Social Work)** Lecture Topics: • Role changes associated with aging: Social workers role in assessment and health promotion • Meeting with faculty, Fulbright scholar, students and senior citizen representative	40- 50
March 30 –April 7	**CCH& Mission valley**	**1st Quarter Research & care plan update**	

April 8	Kanjirappally, Kerala state	**KanjirappallySeniorCitizensForum** • Talk: Active aging and "aging in place"	30-40
April 20	Tirupati, AP	Visits • Navajeevan old age home (free & pay) & Home for blind children	
April 29	Ettumanoor, Kerala	**Archanaskillscenterforwomen** **Talkon:** • Aging demographics and emergence of senior care homes in Kerala: Some concerns for care delivery	10
May 12 **May 14**	Aragonda, AP Andhra Pradesh	**Apollo Hospital,CollegeofNursing** International Nurses Day- Theme: A Force for change: Improving health system' resilience • Key note address: Nurses - a positive force in promoting health for all ages **Visit** • **Employeecounselling–AragonBatteryplant**	70-80
June, 2016	**EramalloorIPC Church** Youth group	Aging awareness- Be a volunteer-support seniors	**60**